

Listening (12 min – 18 points)

Task 1. You will hear an interview with a girl called Anna Taylor, who is a champion cyclist. For each question, choose the correct answer.

1. Anna became interested in cycling because
 - a) she was bad at other sports.
 - b) she had a friend who encouraged her.
 - c) she enjoyed her first experience of it.
2. How does Anna practise her cycling as well as do her schoolwork?
 - a) She studies hard in the evening.
 - b) Her teachers give her extra time.
 - c) She has to miss some classes.
3. What does Anna say about track cycling?
 - a) It is faster than road cycling.
 - b) It is harder to learn than road cycling.
 - c) It requires more power than road cycling.
4. What does Anna say about cycling with teammates in road races?
 - a) She likes the feeling of support around her.
 - b) She likes learning techniques from others.
 - c) She likes laughing with friends at difficult times.
5. Anna says that at her last road race she was
 - a) upset by the behaviour of her competitors.
 - b) surprised by what happened at the beginning.
 - c) disappointed by a teammate's performance.
6. Anna thinks people who want to be champion cyclists should
 - a) train hard every day in order to be the best.
 - b) do lots of other sports to help them keep fit.
 - c) spend time trying different activities.

Task 2. You will hear some information about a talk at school by a writer called Marcia Wilson. For each question, write the correct answer in the gap. Write ONE or TWO words or a number or a date or a time.

TALK BY MARCIA WILSON

Day of Marcia Wilson's talk: (7)

Name of her new book: The (8)

Where she will talk: (9)

Time the talk begins: (10)

Cost of buying her book at school: £ (11)

Useful website to look at: www. (12)uk

Transfer your answers to the answer sheet.

Reading (28 min – 18 points)

Task 1. Part 1. *You are going to read a text about diets. For questions 1-4, mark the correct letter A, B, C or D.*

A) Many people who want to lose weight or become fitter and healthier often choose to go on a diet. But is this really the best method? With celebrities speaking in magazines and on television about new diets that have helped them slim down, it is not surprising that more and more people are turning to dieting. Shops and supermarkets have noticed this trend and are stocking their shelves full of diet products such as diet milkshakes, snack bars and even diet pills in the hope of getting consumers to spend more money. But, such products and the diets they are associated with are often found to be extremely unhealthy and some are even dangerous.

B) Most of these popular diets work by cutting out a certain nutrient from your food intake. For example, there are diets that work by cutting out carbohydrates. This means the body must use its fat reserves for energy. But while this might be an effective way to lose weight, there have been some negative effects associated with such methods. By cutting a particular food group out of your diet, you are starving your body of a nutrient that it needs, which could leave you feeling weak, tired or even grumpy. Furthermore, these diets are often unsuccessful in the long run and most people who follow them eventually put the weight they lost back on.

C) Generally, following a strict diet or cutting out a particular food group is not an effective way to lose weight. The most effective way is to reduce your calorie intake. The recommended calorie intake for an adult male is 2,500. If a man consumes more than 2,500 calories each day, then he is likely to gain weight. However, if he consumes less, then he is likely to lose weight, especially if he exercises.

D) So, instead of spending money on trendy diet pills or special weight loss foods, try to eat healthy balanced meals containing foods from all the food groups. Proteins, carbohydrates, fats, vitamins and minerals all play an important role in staying healthy, which is why they all should be included in your meals each day. Of course, some foods should be eaten in moderation as an occasional snack. For example, a bar of chocolate every once in a while won't cause you any problems. So, next time a friend of yours tells you that they are going on a diet, let them know that eating a healthy balanced diet is a much better choice.

1. What does the writer state about popular diets?
 - A They are often promoted by celebrities.
 - B That only celebrities use them.
 - C That they are all risky.
 - D That they are expensive to follow.

2. The writer says that not consuming a particular nutrient
 - A reduces your fat reserves.
 - B makes you feel hungry.
 - C can cause a change in your mood.
 - D is the best way to lose weight.

3. According to the writer, the best way to lose weight is by
A strictly planning your meals.
B cutting down on the calories you consume.
C eating important vitamins and minerals.
D not eating a particular type of food.
4. The main idea of paragraph D is that
A people shouldn't buy diet pills.
B weight loss products are very expensive.
C snacking is unhealthy.
D following a diet with a variety of nutrients is ideal.

Part 2. Read the text again and match the following statements to the correct paragraph of the text.

Which paragraph

5. suggests having unhealthy foods in small amounts?
6. warns readers of problems associated with following a diet?
7. explains how a person can become overweight?
8. describes a recent trend?

Part 3. Answer the following questions based on the text. Give specific information only.

9. Why are more people deciding to go on diets?
.....
10. What advice is given about calorie intake?
.....

Task 2. Read the text about a famous British author. Fill in the gaps. There is one extra phrase you do not need to use.

George Bernard Shaw

George Bernard Shaw was born in Dublin, Ireland, on 26th July, 1856. He attended several different schools, (11) He believed that schools were like prisons, where children were kept in order to stop them from disturbing their parents.

After leaving school at sixteen, Shaw worked in an office in Dublin before moving to London to live with his mother, (12) He spent a lot of time in libraries, and in British Museum, where he read and studied. Shaw decided to become a writer, and earned a living writing articles for newspapers. Between 1879 and 1883, he wrote novels, but they were rejected. Shaw did not start earning much money from his writing until 1885, (13)

Shaw started working on his first play, *Widower's Houses*, in 1885. However, he gave up when a critic told him that he could not write plays. Years later, however, (14) , and he completed it in 1892. *Widower's Houses* was first performed on December 9, 1892 at London Royalty Theatre. Shaw was not happy with the play, but he had discovered (15) By the 1910s, Shaw was known as a great playwright. He wrote 63 plays in his lifetime, including the famous

Pygmalion. Shaw's plays were funny, and he is remembered for his comedy, but his work also changed British theatre, making the stage a place, where writers could comment on society.

Shaw expressed concern about spelling in the English language. He believed that words should be spelt the way they were pronounced.

During his later years, Shaw enjoyed working in the garden of his home in Hertfordshire. He died on 2nd November, as the result of the injuries he suffered by falling while he was pruning trees. These days, the annual Shaw festival is held in Niagara-on-the-Lake, Ontario, (16)

.....

- a) where plays written by Shaw and other great writers are performed
- b) which later became known as Shaw's Corner
- c) when he began to work as an art and literary critic
- d) that he enjoyed writing plays far more than novels
- e) who was a singer
- f) but did not enjoy his time at any of them
- g) Shaw started work on the play again

Transfer your answers to the answer sheet.

Use of English (20 min – 24 points)

Task 1. Put the words in brackets in the correct form.

Living the language

I often hear people say that the best way to learn a foreign language is to live in the country where it (1) (speak), but not everyone can afford to do so. I have never left my own country, but by using a few interesting techniques I (2) (be) successful in learning English to a very high standard.

I believe that the best way to master a foreign language is to use it every day. By keeping a diary in the language you (3) (study), you can practice vocabulary in a meaningful and creative way.

Whenever possible, make friends with people who are native speakers of the language. It is also a good idea to find pen pals in other (4) (country). It is fun to learn a language through writing to people.

When I was a secondary school student, I was lucky enough to meet an enthusiastic English teacher who (5) (believe) in teaching foreign languages through drama. Taking part in drama is an excellent way to practice a foreign language. When we play a part in a performance, we have to learn words and phrases by heart, which can be very helpful. We also learn to express (6) (our) with the appropriate body language.

Task 2. Complete each second sentence using the word given, so that it has a similar meaning to the first sentence. Write between two and five words in each gap. You cannot change the word in bold.

7. Carrie never saves her money. **ALWAYS**
Carrie money.
8. I hope you will remember to take the camera this time! **FORGET**
I hope to take the camera this time!
9. Karl moved to the city because he wanted to find work as an artist. **ORDER**
Karl moved to the city work as an artist.

Task 3. For each question, choose the correct answer.

10. What famous monument was given to the US in 1884 to celebrate American Revolution?
a) The Statue of Liberty b) Washington Memorial
c) Lincoln Memorial d) The Liberty Bell
11. Where does the Volga River start?
a) in the Caspian Sea b) in the Valdai Hills c) in Volgograd d) in Moscow
12. What country named the dessert in honour of the Russian ballerina Anna Pavlova?
a) The USA b) Canada c) Australia d) New Zealand
13. What does the word 'Canada' mean?
a) snow b) maple c) settlement d) continent
14. A bad workman blames his ...
a) hands b) legs c) tools d) head

15. Strike while the is hot.

- a) iron b) hammer c) copper d) coal

Task 4. For each question, choose the correct answer (a-d).

Skiing in Scotland

Scotland is a wonderful place to go skiing. I felt so at home there. It is by far the best (16) I have ever skied in. The people are lovely and the views are breathtaking. There are some very (17) mountains with lots of snow. The weather can be very cold, but don't (18) this put you off because the skiing is great. If you decide to go there in January, take (19) of warm clothes. The Black run down the glacier is very fast and cool. The cable car rides are (20) quick and you may wish to go further (21) the mountains on a chair lift.

16	a) place	b) space	c) position	d) way
17	a) tall	b) high	c) wide	d) far
18	a) get	b) allow	c) let	d) leave
19	a) more	b) quite	c) many	d) plenty
20	a) slightly	b) fairly	c) rarely	d) nearly
21	a) up	b) down	c) around	d) above

Transfer your answers to the answer sheet.

Writing (30 min – 20 points)

You have seen this announcement in an English-language magazine called Pet World.

<i>FAMILY PETS</i> <i>What do you think is the best type of pet for a family of busy working parents and young children?</i> <i>Write your article.</i> <i>In your article, tell us:</i> - <i>what the best type of pet is</i> - <i>give reasons for your choice.</i> <i>We will publish the most interesting articles next month.</i>

Write your article (100-140 words).

Transfer your answers to the answer sheet.